

Frequent Flyers® Aerial Dance Festival 2020			
Class Schedule at-a-glance			
Aerial Dance Festival 2020			
	Opening Reception / Party: July 26, 6 pm		
Week A	July 27- July 31		
	<u>FFP-ADS 1</u>	<u>FFP-ADS 2</u>	<u>Dairy Gordon</u>
9:00 - 10:30 am	Dani - Bungee Dance & Build- Immersion	Terry Crane - Rope Immersion	Jenn - "Hammock Life: Sling Immersion
10:30 - noon	"	"	"
lunch 12-1 pm	lunch	lunch	lunch
1:00-2:30 pm	Nancy - Invented Apparatus	T -Fabric theory	Dani - Aerial Pre-hab
3:00-4:30 pm	T- Adv Lyra Choreography	Terry - Beg. Beats for Int. Students	Val -Rope & Harness
dinner 4:30-5:30	dinner	dinner	dinner
5:30-7:00 pm	T -Choreography Monster	Jenn - Fabric Witchcraft	xxxxxx
7:30-9:00 pm	Thai Massage 7/29	Hoop Dance Workshop 7/30	
	ADS 1		Aug 2-3 - Dairy Arts Center
Week B	August 3 - 7		
	<u>FFP-ADS 1</u>	<u>FFP-ADS 2</u>	<u>CU 150</u>
9:00 - 10:30 am	Nancy - Dance Trap Sequencing Immersion	Jenn- Fabric Witchcraft Immersion	T- Hoop (lyra) Teacher Training
10:30 - noon		"	"
lunch 12-1 pm	lunch	lunch	lunch
1:00-2:30 pm	Val - Rope & Harness	Terry - Rope Facility w/ Abandon	T- Adv. Lyra Choreography
3:00-4:30 pm	Cosmo - Handstands - Building Balance & St	Terry - Beg. Beats for Int. Students	Val- Lyra Progressions
dinner 4:30-5:30	Dinner	dinner	dinner
5:30-7:00 pm	Jenn - Sling sequencing & Transitions	Jill - Dynamic Fabric drops	Cosmo - Straps: Spins, Beats, Roll ups
7:30 - 9:00 pm	Thai Massage 8/5	Ensemble Building 8/4	

To register: visit www.frequentflyers.org. Questions: 303-245-8272				
Key: 3 hr. Immersions				
Key: lunch / dinner				
Key: Events / performances				
Key: Workshops				
Key: 90 minute classes				

