

	12-1:30 PM MST	12-1:30 PM MST		6:00 PM MST
Sunday 8/2	Abstract Break-Dance Shoulder Contortion - Marco Motta	The Theory of Beats - Alex Allan		Showcase
	Slot 1: 5:30-7PM MST	Slot 2: 5:30-7PM MST	Slot 1: 7:30-9PM MST	Slot 2: 7:30-9PM MST
Monday 8/3	Yoga and Movement for Aerialists: Thoracic Spine Mobility and Shoulder Health - Yuki Tsuji	POSER: Navigating Imposter Syndrome and reclaiming your future as an artist while the world is burning - Rachel Strickland	Sling Theory - Jenn Bruyer	Creativity Toolbox - Nancy Smith
Tuesday 8/4	Hoop Dance Transitions - Staza Stone	Analyzing Wraps for Silks Theory - T Lawrence Simon	How to build Your Own Training Program Aaron Koz	T and the Totally Thorough Act Creation Workbook
Wednesday 8/5	Yoga and movement for Aerialists: Pelvis, Low Back and Hip Flexors - Yuki Tsuji	MYTHBUSTING: Hypermobility and Circus with Jen Crane	Movement Quality - Jenn Bruyer	Collaboration & Company Building - Terry Crane
Thursday 8/6	Int. Cyr Wheel Theory - Joe St. Louis	C-Shaping (for straps/rope/fabric) - Aaron Koz	Cirque Psych: Resilience in Strange Times - Janelle (Dinosaurs) Peters	Belay for Days - Rain Anya
Friday 8/7	Improv it Out - Teo Spencer	OH, the Nerve - Jen Crane	Flexy Flyers - Janelle (Dinosaurs) Peters	Build your Balance (Beg/Int Handstands) - Cosmo Dudley