24th international Aerial Dance Festival July 31-August 12, 2022



Class Schedule at a Glance

	Opening Reception: Sunday, July 31. FFP ADS 1. 6 PM.		
Week A	August 1 - 5		
	FFP-ADS 1	FFP-ADS 2	Dairy Gordon
9:00-10:30 am	Bungee Dance & Build - Danielle	Act Creation Lab (Fabric/Rope) - Shannon	Lyra: Spanset & Top Bar - Sofia
10:30-noon	ıı	ıı	"
12-1 pm	lunch	lunch	lunch
1:00-2:30 pm	Invented App - Nancy	Beginning Straps - Shannon	Lyra Sequencing - Gena
3:00-4:30 pm	Split Fabric Drops - Anastasia	Rope Rolling Up - Terry	Lyra - Authentic Mvmt - Gena
4:30-5:30 pm	dinner	dinner	dinner
5:30-7:00 pm	Dynamic Sling - Anastasia	Rope Facility w/Abandon - Terry	xxxxxx
7:30-9:00 pm	Workshops/Panels - Tues, Wed, Thurs	xxxxxx	xxxxxx
	Intimate Encounters: Monday, Aug. 1.		Showcase Performances: Aug. 5, 6, 7.
	FFP ADS 1. 8 PM		Dairy Arts Center
Week B	August 9, 42		
vveek D	August 8 - 12 FFP-ADS 1	FFP-ADS 2	CU 150
	ITF-ADS I	ITF-ADS 2	<u>CO 130</u>
9:00 - 10:30 am	Tethered Dancing-Rope & Harness - Val	Between Support/Suspension- Rope - Terry	Dynamic Dance Trap - Megan
10:30 - noon	ıı	"	"
12-1 pm	lunch	lunch	lunch
1:00-2:30 pm	Dynamic Sling - Anastasia	Quarantine-Ography Advanced Fabric - Shannon	Lyra Authentic Movement - Gena
3:00-4:30 pm	Ground-Air Choreography - Nancy	Straps Conditioning Practicum - Shannon	Lyra Sequencing - Gena
4:30-5:30 pm	Dinner	dinner	dinner
5:30-7:00 pm	Living Upside Down-Handstands - Cosmo	Intro to Fabric Theory - Shannon	Flexibility - Sofia
7:30 - 9:00 pm	Workshops/Panels		xxxxxx

To Register: Visit frequentflyers.org | Questions: Call 303-245-8272