

Frequent Flyers® Aerial Dance Festival 2024

Schedule at a Glance

	Opening Reception: July 28, 6pm		
Week A: Jul 29-Aug 2			
	FFP Studio 1	FFP Studio 2	Dairy Gordon Gamm
9 AM-Noon Immersions	Bungee Dance & Build - Danielle Hendricks	Fabric Sequencing 101: Guide to Aerial Act Creation - Veronica Blair	Dance Trapeze Immersion - Summer Lacy
lunch 12-1 PM	xxx	xxx	xxx
1-2:30 PM	Dynamic Sling - Anastasia Timina	Fabric FUNdamentals - Valerie Morris	Swing, Spin, Orbit Dance Trapeze - Megan Cattau
3-4:30 PM	Cultivating Dynamic Flow on Lyra - Ariana Papousek	Corde Lisse and Multi-Cord - Anastasia Timina	Experiential Movement on Dance Trapeze - Megan Cattau
dinner 4:30-5:30 PM	xxx	xxx	xxx
5:30-7:00 PM	Lyra Choreography - Sofia Rodriguez	Straps: Spins & Shapes - Cosmo Dudley	
7:45-9:15 PM	Workshops		
	Intimate Encounters Monday, July 29. 8pm		Performance Showcase Aug 2-4: Fri / Sat 8 PM & Sun 2 PM
Week B: Aug 5-9			
	FFP Studio 1	FFP Studio 2	Dairy Gordon Gamm
9 AM-Noon Immersions	Lyra Spanset & Top-Bar Theory - Sofia Rodriguez	Silks Theory - Anastasia Timina	Tethered Dancing: Rope & Harness - Valerie Morris
lunch 12-1 PM	xxx	xxx	xxx
1-2:30 PM	Cultivating Dynamic Flow on Lyra - Ariana Papousek	Everything Peg Stilts - Danielle Hendricks & Valerie Morris	Dance Trapeze: Connectivity and Flow - Summer Lacy
3-4:30 PM	Heavy Metal - Nancy Smith	Roll-Up Clinic: Aerial Straps - Veronica Blair	Act Creation Toolkit - Summer Lacy
dinner 4:30-5:30 PM	xxx	xxx	xxx
5:30-7:00 PM	Sling Skills & Technique - Summer Lacy	Straddle Up! The Breakdown - Veronica Blair	Loop Love - Ariana Papousek
7:45-9:15 PM	Workshops		
Key	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>3-Hour Immersions</p> <p>90-Minute Classes</p> <p>Events / Performances</p> <p>Workshops</p> <p>Lunch / Dinner Breaks</p> </div> <div style="width: 45%; text-align: center;"> <p>To register, visit frequentflyers.org</p> <p>Questions: 303-245-8272</p> </div> </div>		

